



THE KIRTON & FALKENHAM REVIEW

February 2024

Copy for the March edition by the 15th Feb please

ROSELEA NURSERY

Kirton Road **Farm Shop** Trimley St Martin

Salad, Veg & Flowers
Grown on site

Animal & Bird Feeds

Vegetable & Flower Plants

www.roseleanursery.co.uk

Logs & Coal

01394
448675

Fruit



Local
Bread,
Milk
&
Free
Range
Eggs

Compost

JC BRETT HEATING AND PLUMBING

All Gas installations including:

- Boiler changes
- Central Heating Systems
- Fires
- Cookers
- Servicing
- Power Flushing
- Bathroom Suites
- Breakdowns
- Unvented hot water systems
- Natural Gas

Call John Brett for a free no obligation quote 01394
448465 or 07709 552328

jcbrettheatingandplumbing@ymail.com



Gas Safe Register No 503236



FARTHING

FUNERAL SERVICE

• Celebrating 175 Years •

Our family-run funeral service offers experience and sensitivity to help make saying goodbye to your loved one personal to you.

www.farthingfunerals.co.uk

01394 671671

To advertise in this space,
please contact

Paul Negus
01394 448354

STABLES GALLERY & FRAME WORKSHOP

Kirton



Appointments & Enquiries
CALL MEL - 07770 484555

Picture Framing

Kirton & Falkenham Review

Services

Sunday 4th - 2 Before Lent

9am	Falkenham	Morning Prayer
9am	Newbourne	Holy Communion
10am	Waldringfield	Morning Prayer
10-30am	Nacton	Holy Communion

Sunday 11th - Next Before Lent

9am	Hemley	BCP Communion
10am	Levington	Morning Prayer
10am	Kirton	Morning Prayer
10am	Bucklesham	Holy Communion

Wednesday 14th ASH WEDNESDAY

10am	Newbourne	Benefice HC with Ashing
------	-----------	-------------------------

Sunday 18th - 1st Sunday of Lent

9am	Falkenham	Holy Communion
10am	Bucklesham	All Age Praise
10am	Nacton	Morning Prayer
10am	Newbourne	Morning Service
10-30am	Waldringfield	Holy Communion

Sunday 25th - 2nd Sunday of Lent

10am	Bucklesham	Holy Communion
10am	Hemley	Morning Prayer
10am	Levington	Holy Communion
10am	Kirton	Holy Communion

METHODIST CHAPEL

04.02.24	John Anthony at Kirton or Rev Abe Konadu-Yiadom at Trinity.
11.02.24	Rev Abe Konadu-Yiadom at Trimley or a Local Arrangement at Seaton Road.
18.02.24	Rev Abe Konadu-Yiadom at Trinity United Service
25.02.24	Rev Abe Konadu-Yiadom at Seaton Road or Rev Simon Ramacci at Trimley

All services are at 10am (unless shown otherwise).

Coffee Morning at Kirton on last Saturday 27th February from 10am til 11.30am.
All are Welcome

Revd Nick Williams

Brothers and Sister's in Christ, just a few lines to introduce myself to those I haven't as yet met as the new Rector of The Orwell and Deben Rural Benefice which includes St Mary and St Martin at Kirton. My Name is Nick Williams, I came to this Benefice from a small semi rural benefice of two churches where I looked after the spiritual needs of about 18,000 people in the Diocese of Rochester. Before that I looked after three churches in the Darent Valley just outside Dartford also in the Diocese of Rochester. Prior to ordination I spent thirty years as Metropolitan Police officer serving in South and Central London. I led for the Met Police on Gypsy and Traveller issues but spent the last few years of my career working in a specialist role at New Scotland Yard.

I'm married with two allegedly grown up sons, one at university and one soon leaving us to join the army. My wife is a teacher specialising in Primary and early years work and has been for many years a SENCO in a large primary school. She is also a dyslexia assessor and enjoys working with children who have additional needs.

South Suffolk is a new venture for us as a family although we have had a family home on the Norfolk/Suffolk border for some years so the unique Suffolk outlook on life is not a complete surprise to us. Whilst I have only been in post for two months we have already fallen in love with the area and are really enjoying exploring everything it has to offer.

In my spare time I am an enthusiastic Naval Historian and feel blessed to have Churches with a 'Trafalgar Grave' in the Churchyard as well as monuments to the great Naval family 'the Brooke's' and even a monument to arguably one of the greatest yet unacknowledged naval heroes of his time Admiral Vernon. I also enjoy cooking at which I am as enthusiastic and undistinguished a practitioner as I am a historian.

As you know more than I we have a wonderful set of communities in the villages that make up our benefice and I am looking forward to meeting as many of you as possible as I settle in to being your Rector. I would like our churches to become even more involved with the communities around them than they already are and would enjoin you to keep an eye on your parish notice boards, webpages and facebook pages for some of the new services and events beginning this year.

To close I just want to say that I and the Churches are here for each and every one of you irrespective of age, gender, ethnicity, sexuality, faith or anything else and I look forward to walking with you as we explore new ways to use them.

Every blessing, Fr Nick Williams

Church news & contacts

Rector

Rev Nick Williams

01473 948584

email: father.nick@btinternet.com

Methodist Church Secretary

Helen Robertson

01394 448395

Assistant Priests

Rev Harry Stalker

01394 210826

Churchwardens

Kirton

Anne Clarke 01394 448202

e-mail: clarkeanne@sky.com

Rural Dean

Rev Chris Hood

01394 278520

revchris@oldfelixstoweparish.org.uk

Falkenham

Linda Brunt 01394 448992

Jo Shaw 01394 448784

Readers

Roy Tricker 01473 718267

Stephen Harvey 01394 448780

Janet Stalker 01394 210826

Methodist Church

Rev Abe Konadu-Yiadom

01394 547634

Steward Mike Bowtell

01394 448834

email: micbow57@gmail.com

Related web sites

www.kirton-suffolk.info

The villages' web site

www.stedmundsbury.anglican.org

www.cofesuffolk.org



The Orwell and Deben Rural Benefice

Notices

MOTHER'S UNION

Mothers' Union news.

Our February meeting is on the 7th February at 2pm in the Church Hall. Following our opening worship we shall have a short AGM and then Rev Nick Williams will share some of his faith journey with us.

Visitors are most welcome and it would be good for as many as possible to learn more about Nick.
Hope you can join us.

Helen Davy Branch leader.

KIRTON COFFEE ROTA

11th Pauline & Barry Topple
25th Linda & Paul Negus

KIRTON SIDESMAN'S ROTA

11th Donna Jacobs, Ann Colvill
25th Ted Payne, Jen Richmond Hardy

WORLD DAY OF PRAYER

World Day of Prayer Service - Friday 1st March 2024
Methodist Chapel, Kirton at 2.30 pm

Each year the service for the World Day of Prayer is written by women from a different country and this is an opportunity to hear about the thoughts, hopes, concerns and prayers from other communities. The World Day of Prayer is celebrated in 146 countries; it begins in Samoa and travels though Asia, Africa, the Middle East, Europe and the Americas before finishing in American Samoa.

These services are prepared at least a year before the service date and this year it is particularly poignant as our service has been written by the Christian women of Palestine with the title 'I beg you, bear with one another in love'. To find out more about the lives of women in Palestine please do join us at the Methodist Chapel on Friday 1st March at 2.30pm.

Disability Advice Service

The Disability Advice Service (East Suffolk) have been working across the East Suffolk and Ipswich communities for 37 years supporting children and adults with disability related problems, including their family carers. We provide practical solutions to address the short and long term financial issues which often underly or worsen the well-being of our clients.

This case study provides more insight into the kind of support we can provide.

Janice (not her real name) suffers from severe fibromyalgia (resulting in poor mobility) and anxiety. She came to DAS for help with her Personal Independence Payment (PIP) application, which resulted in a successful award at that time. Unfortunately the standard third year review downgraded her award despite there being no improvement in her condition. Additionally at that time the client had left an abusive relationship and was feeling very lost. Also significant was that she was wasn't familiar with how to manage her finances.

Once notified, DAS kicked off the appeals process on Janice's behalf, and provided support for her during a 10 week wait for the outcome. During that period we became increasingly concerned about her increasing stress level, particularly as this delay weighed heavily on top of her wider financial struggles.

In order to get Janice through this difficult time DAS was able to provide urgent crisis support with grants and vouchers, as well as undertaking a wider benefits check to see if client was entitled to any other forms of financial support.

The client's biggest concern was paying her household utility bills, and DAS were able to access the Suffolk Household Support Fund to help pay for them. We also then guided her through what she needed to do to maximise her income and benefits until her full disability benefits were reinstated, which thankfully they were! Janice is now happily managing and grateful for the help provided.

Do you know of someone who might benefit from our help?

If so, please contact us by phone on 01394 387070,
or email us at advice@daseastsuffolk.org

Find more about us at www.daseastsuffolk.org or on Facebook

Disability Advice Service - East Suffolk
14 The Square , Martlesham Heath, Ipswich, Suffolk IP5 3SL

Susan's Witterings

Well here we are again already one month in to 2024 how time flies. The Christmas lights are down and trees have been packed away for another year and we sigh and say 'back to normal'. I like Christmas as most surfaces are covered in cards and candles which means I don't need to dust! As many of you who know me realise this is never very high on my agenda! Not too many needles from the Christmas tree this year either, possibly as I bought it early and gave it lots of water. I know they are harder work but I do love the piney smell. Some of our decorations were given to my brother as a 2 year old by neighbours and they were old then. Every year I unwrap each precious glass ornament and delicately hang them on the tree. Each decoration is valued. We also have candles on the tree.

What is normal? We live in wonderful villages with lots of things going on. How about trying something new this year. There are lots of classes advertised on the 'Village Page' in this review. Short Mat Bowls, Table tennis on the Recreation ground as well as football, Gardening Club, WI, Line Dancing, Pilates, Judo, Whist Drives, Chair exercises to help with balance and help to prevent falls, Dorian Singers, Community Tea Shop, Methodist Coffee morning. How about visiting the Mobile Library? We once took the award for being the Most Active Village.

We have a wonderful Scout, Cub and Beaver unit for girls and boys in the village. Have you thought about being a helper or becoming a leader or taking your children along? Scouting is excellent fun for all ages and the youngsters get a lot out of gaining experience in practical skills. A couple of hours a week volunteering is not a lot to commit to. All these things are run on your doorstep for everyone to enjoy.

Nassau Trust

We have allotments for local people to rent, we have one spare at the moment. We also have a couple of raised beds free if people want to try to grow small amounts of produce at waist height. These allotments produce an amazing amount of fruit and veg and there is always someone who will be happy to give advice. Why buy imported veg when you can grow your own! Contact me if you would like to look around our allotments with a view to renting one.

The Trust also supports people in the village who are struggling to make ends meet when too many bills come in at once.

Our Mini Top Up Box is still on our driveway which contains all kinds of things for people to take. People are very generous with donations both monetary and supplies. There are leaflets in there should anyone wish to take one with Trust contact details on.

The Falkenham Road Flood

Having had a lot of water on the road since 20th October I was surprised to see lights flashing outside our bedroom window at 11.00pm just before Christmas. No they were not neighbours' Christmas lights but big orange ones on vehicles pumping water. One on Falkenham Rd and one on Meadowlands corner. In the morning all the water had gone. The recent rain caused another flood but it disappeared within a couple of days. Watch this space and if it floods please, drivers, do slow down, pedestrians are getting fed up with being splashed as they try to make their way through the flood.

Please contact me for any information.

Susan Harvey. May Cottage, 29, Falkenham Road. 01394 448780 07786392878
susanbharve

Save the date

Waldringfield Tractor Run

The Waldringfield Tractor Run will be held this year on the 10th August 2024. Save the date as this is a very good event and a lot of hard work goes into this.



www.tofbc.co.uk 07801 845378
info@tofbc.co.uk 07889 238784

We have a nano brewery in Kirton, and produce a range of bottle conditioned beers.

Dockers Pale Ale 3.6%
Victoria & Abdul's IPA 4.2%
'Shout' Red Ale 4%
Proper Shoreditch Stout 4.2%

Gift packs available...

Free delivery locally from our online shop. Please take a look at our website to read our backstory or call us for more info.

APEX TRAVEL **LICENCED TAXI**

**COMPETITIVE PRICES FOR
AIRPORTS, CRUISE SHIPS, ETC
AND LOCAL JOURNEYS**

CALL PETER GRIMWOOD
FEL: (01394) 274868
MOB: 07749 063580

FOOT HEALTH **PRACTITIONER**

Stacy Southgate MCFHP MAFHP

**Looking after the needs of your feet
in the comfort of your own home.**

Tel: 01394 286039
Mobile: 07595947818

Caring, Friendly & Professional Service

K & F Gardeners' club

Happy New Year to everyone. Although Christmas is now probably a dim and distant memory, I must just mention the speaker at our Christmas party, Caroline Holmes, who talked very animatedly about the poison garden at Alnwick. Her enthusiasm for plants and her knowledge of the area was very infectious. So many everyday plants we all have in our gardens also have the potential to be harmful if treated wrongly, but Caroline added some more exotic species and stories to the mix. Any budding crime writers missed a treat to supplement their plot lines.



Our programme secretary Jenny Bearcroft has pulled together another interesting programme for 2024, starting next month with pests and diseases, but then going on to cover diverse gardening topics such as Irises, gardening for beginners, blooms of the Balearics, and the best plants for September colour along with our usual summer evening visits to local gardens and nurseries. Something for everyone be you a seasoned gardener or an absolute beginner so do come along what ever size your garden or horticultural ability. The next talk is 7.30pm on in the village hall on 8th February. Gail Bosley from the animal and plant health agency will be talking about pests and diseases ,After last year I think we all need her advice.

This year the club are also planning a short 4 day break from 18th to 21st July to see the RHS Flower Show at Tatton Court, as well as visit the new RHS Bridgewater Garden, the award winning Trentham Gardens and Biddulph Grange, a grade 1 listed Victorian garden. These have been on my to do list for a while so I cant wait to go, and departing from the green what could be easier? If you are interested in joining the trip please contact Jo Shaw or another committee member.

Well as February is upon us there are plenty of jobs including lots of pruning, sowing and planting to be doing in the garden already:

Prune late winter flowering clematis, cutting stems back to buds about 30cm from the base and prune winter blooming shrubs such as mahonia, winter jasmine and heathers once they have finished flowering. Buddleia can be cut to the base to keep it to a reasonable size.

Cut down deciduous ornamental grasses left standing over the winter before fresh shoots appear.



Start planning for seed growing year. Don't forget the club can offer a discount on seed purchases from Dobies seeds. Then sow summer bedding and tender annuals under cover.

Continued on Page 9.

K & F Gardener's Club Continued

Start planning for seed growing year. Don't forget the club can offer a discount on seed purchases from Dobies seeds. Then sow summer bedding and tender annuals under cover.

On the allotment chit first early potato tubers and prepare veg beds to sowing by weeding and then adding a thick layer of garden compost

Put cloches or fleece over strawberries to start them into growth and encourage an early crop

Sow sweet peas in deep pots and keep them frost-free in a greenhouse or on a sunny windowsill or if you were organised last autumn pot on and pinch out those autumn-sown sweet peas to encourage side shoots to form

Sow tender crops such as tomatoes and on a warm sunny windowsill

So don't just sit there, Put on a coat and get out in the garden. I'm sure if you are anything like me the first couple of sessions will leave you very stiff the next day or longing for a hot soak, but how lovely to get out in the fresh air and how mentally satisfying get a head of some of those jobs. Wont that feel good? Spring is on its way.

Debbie

M.D.L.



19 Guston Gardens
Kirkton

Tree & Shrub Care

City & Guilds qualified arborist

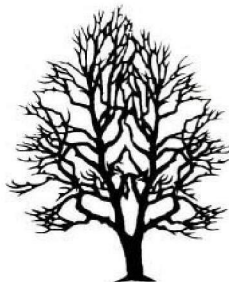
NPTC qualified

Specializing in tree & shrub pruning
hedge cutting, fencing, garden work.

Stump Grinding Service

For a professional service & free quotation call

M D Long **01394 448667** Mobile **07790 538745**



K & F Parish Council

The January meeting was attended by 10 Councillors, the RFO, PTLO a District Councillor and 2 parishioners. The Council had been advised that there had been a change in the local Police Constable; PC Nicola Burnham-Slipper has replaced PC Partridge.

Mr Ninnmey (DC) gave an update on the NE Felixstowe Garden Neighbourhood project which was to be the subject of a meeting later in the month. A written report highlighted Pitstop Project, Planning Triple Lock and the One Direction Strategic Plan.

No request for an election having been lodged the Council will be required to fill the Falkenham Councillor vacancy by co-option; suggested nominations for candidates or even volunteers should be forwarded to the Clerk or Chairman.

The Council together with parishioners had submitted complaints to SCC about the flooding on Falkenham Road, no direct responses had been received but some work appeared to have been actioned. Work on enhancing Parish Communication and progressing the Joint Cross Parish Group continue.

One planning application was considered but did not raise any objections. Mr Hatrick (PTLO) had nothing to report on bus services.

The Chairman on behalf of the Council thanked the Clerk, Colin Shaw, who was retiring at the end of January, for his 31 years of service as the Parish Clerk., which was followed by a presentation of a flowering tree and a spending voucher. The Clerk thanked them for their generosity and accorded his best wishes to his successor, Graham Walker (RFO); much had changed since 1992, Colin Shaw, Clerk

PARISH COUNCIL MEETINGS

Dates for Meetings

2024

Mon 12th Feb

Mon 18th Mar

Mon 15th April AM

Mon 13th May APCM

Santa Clause

THANKS FROM THE SANTA CLAUSE AND RUDOLF EVENING

On behalf of Santa, may I thank the people of Kirton for their generosity when he toured Kirton with Rudolf a few days before Christmas collecting for the Rotary Club of Felixstowe and The Save The Children Fund.

The Kirton Scouts collected the magnificent sum of £595, but although this is a little less than last year, it will go a long way to helping many Charities in the local area. Our grateful thanks go to the enthusiastic group of nearly 20 Scouts, plus their guides and helpers, who turned out on a cold and dark evening to walk and run around most roads in the village.

Santa was especially pleased to greet so many groups of children in Paddock Close, at the end of Church Lane, in Weir Place and elsewhere, who were waiting to see him as he turned up, and where he was able to get off his sleigh to talk to them.

The Rotary Club of Felixstowe has had a very successful year and donations have been given to several food banks, provided medical equipment to the Grove Medical Centre, installed a defibrillator at Landguard Fort, made donations to the two Ipswich Hospices, provided Shelter Boxes following disasters in Pakistan and Turkey, sent generators to Ukraine, arranged a football match between the local Primary Schools and given young helpers a weekend at the Bawdsey Adventure Centre. All this in addition to helping many other individuals and smaller groups.

We hope that Santa will be back again in December this year, so look out for news about him in the K&F Review and also on the Felixstowe and Kirton FaceBook pages.

Michael Sharpley
Rotary Club of Felixstowe

Run for Richard

As some of you are, I'm sure, already aware, we lost my father, Richard Brunt, back in October after a short battle with bile-duct cancer. He loved living in Falkenham and was a huge supporter of village life - he was heavily involved with Falkenham Church, clearing and cutting grass and hedges; he helped with car parking at the summer fete; he was on the Village Hall committee, Tree Warden in the village and played bowls, both indoor and outdoor, to name a few!

In memory of Dad, and to raise money for two fantastic charities (St Elizabeth Hospice, where Dad spent his final few days, and AMMF - Alan Morement Memorial Fund - the only charity for bile duct cancer in the UK) I am taking on a 51 mile 'ultra' marathon (my first and probably my last!) on 24th March 2024, which would have been Dad's 75th birthday.

I'm planning to run around some of Dad's favourite shooting haunts (he loved nothing more than going out shooting with his dogs) as well as taking in Woodbridge RFC, where he was one of the founding members back in the 1960s, before finishing at Kirton and Falkenham Village Hall, have a drink and a sit down!

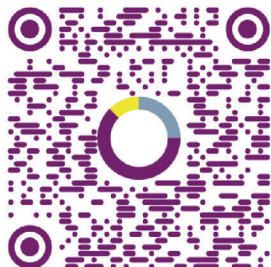
Caroline, my wife, will also be supporting me by bike and my two sisters will also be joining me for parts of the run.

If you'd like to donate, please follow the link below to our fundraising page where you'll also find more details about the run, the charities we're supporting and the route we'll be taking. You can also access the website by scanning the QR code below.

<https://www.givewheel.com/fundraising/1876/run-for-richard/>

If you might be able to donate, that would be amazing and would give us that little bit more motivation to get to the end as well as supporting these amazing charities.

Alex Brunt



Village Diary

Weekly events

Please check with Organisers for cancellations.

Mon	08:15 - 17:15	Kirton Kites Pre-school (term) VH
	10:30 - 12:30	Line Dancing CH
	16:00 - 19:00	3 Pilates classes RP
	18:00 - 20:30	Judo classes CH
	18:30 - 20:00	Cub Scouts (term) SH
Tues	19:15 - 21:30	Whist Drive VH
	08:15 - 17:15	Kirton Kites Pre-school (term) VH
	18:00 - 19:00	Beaver Scouts (term) SH
	19:00 - 22:00	Short Mat Bowls VH
Wed	19:30 - 21:30	Explorer Scouts SH
	08:15 - 17:15	Kirton Kites Pre-school (term) VH
	09:30 - 11:30	Yoga classes CH
	18:15 - 19:00	Circuit Training VH
Thurs	19:00 - 21:00	Scouts SH
	09:30 - 11:30	ActivLives CH
	19:30 - 21:30	Bell ringing practice (check first) FC
Frid	08:15 - 17:15	Kirton Kites Pre-school (term) VH
	18:00 - 20:30	Judo classes CH

Other events in February

Sun	4	09:00 - 10:00	CofE Morning Worship FC
		10:00 - 11:00	Methodist Service MC
Wed	7	14:00 - 16:00	Mothers Union CH
Thu	8	14:00 - 16:00	Women's Institute VH
		19:30 - 22:00	Gardener's Club
Fri	9	10:00 - 11:00	Open Circle - BHL
Sun	11	10:00 - 11:00	CofE Morning Worship KC
Tue	13	19:30 - 21:30	Deben Flower Club CH
Wed	14	14:30 - 16:00	Tea Shop CH
Thu	15	K&F Review & Diary Deadline	
Thu	15	10:00 - 13:00	'You're Welcome' Meeting VH
Sat	17	- Sun 25 Schools Spring Half Term Holiday	
Sat	17	10:00 - 14:00	Falkenham Snowdrop Day FC
Sun	18	09:00 - 10:00	CofE Holy Communion FC
		10:00 - 11:00	Methodist Service MC
Thu	22	19:30 - 21:30	KAFPA RP
Sat	24	10:00 - 11:30	Coffee Morning MC
Sun	25	10:00 - 11:00	CofE Holy Communion KC
Tue	27	12:05 - 12:20	Mobile Library KG
		13:20 - 14:00	Mobile Library - Gray's Orchard
Wed	28	14:30 - 16:00	Tea Shop CH

Available online: kirton-suffolk.info/village-diary/

Corrections or additions: please email kfdiary@scarletline.com

Key to Locations

CH Church Hall	FC Falkenham Church	KC Kirton Church
KG Kirton Green	MC Methodist Church	Rec Recreation Ground
RP Recreation Pavilion	SH Scout Hut	VH Village Hall
WH White Horse		

Notices

JACKS'S QUIZ

Thank you to everyone who came to the quiz we had for Jack on the 18th November 2023. Also thank you to the people who donated to Jacks fund before the day by giving raffle prizes and donations through my letterbox. We raised £1345! What an amazing sum yet again. Jack was able to join us for the first part of the evening so it was so lovely to see him interacting with all his supporters, family and friends. The evening was yet again a happy event which everyone said they enjoyed as they cant wait for the next one! Our quiz master Doug was brilliant yet again giving spot prizes throughout the night which added another element to this wonder night!

2024 hopefully will be an exciting year for Jack and all his family and friends as he will start treatment in Amsterdam in May/June. I will keep everyone updated to how he is getting on but we cant wait to get him started and hopefully over the next 2 years this treatment will make a difference to Jacks life.

We are planning our next event which will be an Easter coffee morning further details to follow later.

One last thankyou to Amber who raised £60 for Jacks fund by selling tickets to "guess the weight of the pumpkin". Your efforts are so appreciated by us all!

Once again thank you and I would like to wish everyone a Happy Healthy 2024, Sally

CHRISTMAS DAY DIP!

Once again I would like to thank the kind and generous folks of Kirton and Falkenham who sponsored me to dip in the sea on Christmas Day for the St Elizabeth Hospice.

It actually was a lovely morning not too cold - except the sea!

They had over 600 people dipping and nearly as many dogs on the prom I think. I raised £250 - which I was really pleased with.

Many thanks again, Val Reed, 448418

Editorial page

If possible please send items for the Review by email to
review@unicorndesigners.co.uk

Please submit handwritten or typed articles to Linda Negus. BEFORE 15th
please. Items received after this date will not be included.

Many Thanks, Susan Claydon,
Editor, review@unicorndesigners.co.uk

Review Editor

Susan Claydon

Phone: 01394 448690

review@unicorndesigners.co.uk

Editorial Team

Ted Payne 01394 448582.

Linda Negus 01394 448354



WALTON BARBERS

- FREE PARKING BEHIND THE CHURCH
- FULLY QUALIFIED TEAM PRODUCING TOP QUALITY CUTS
 - BOYS, MEN AND SENIOR CITIZENS HAIR CUTS
- EXCELLENT SERVICE AT VERY REASONABLE PRICES



222 High Street, Walton, Felixstowe, IP11 9DS

No appointment necessary

Opening times

Tuesday to Friday 9am - 5:30pm

Saturday 9am - 4pm

Sunday & Monday Closed

PRICES

Seniors 65 and over (except on Saturdays)	£8.50
Gents	£12
Beards	£5.50
Grade 0-4 All over	£8.50
Grade 5-8 All over	£9.50
Two grades	£10
Boys 0-7	£8.50
Boys 8-15	£10.50

News from the Dorian Singers

Thanks to all of you who came to our December concert. It was a cold, wet afternoon outside however, inside a warm Trinity Methodist Church, we enjoyed performing our selection of seasonal music to a large, appreciative audience. Seasonal refreshments were enjoyed during the interval when we celebrated Jean's birthday with delicious cake baked by our Musical Director, and a rousing 4-part version of Happy Birthday.

Our next concert (please save the date) will be on Saturday 23rd March at 7.00pm and we'll be back at Trinity Methodist Church. Programme details to follow in next month's Review.

In the meantime if you like a good Quiz Night you are welcome to join us at Broadway House, Orwell Road, Felixstowe on Saturday 10th February at 7.30pm; it's advisable to book in advance. Details are on flyers around the village, on our website www.thedoriansingers.org.uk and on Facebook. For tickets and further information contact Sue on 01394 270821 or Jean Shaw on 448783. Pam Cole



Do you love animals?



Local pet & home sitting service (Est. 1997) is looking for caring, mature and reliable people to join their happy team.

We provide a high-end holiday care service to our clients in their own homes, both in the local area and throughout the UK.

Lots of our sitters enjoy working for us to care for pets that they are unable to have at home; top up a pension or to stay in another location.

Sitters are employed/paid and insured by us.

For further details and an online Guardian Application, please have a look at our website:

www.housesitters.co.uk or telephone 01394 450865

The Home Service Ltd.



Deben Flower Club

The next meeting will be held on Tuesday 13th February at 7.30pm in the Church Hall, Church Lane, Kirton. IP10 0PU

The evening will take the form of a demonstration by club members. This will be an informal event with members and visitors having the opportunity to ask questions of those producing the arrangements. Tea and coffee will be available and there will also be a raffle of the flower arrangements and sale of unwanted Christmas gifts.

Visitors are always assured of a warm welcome. Please telephone 07910463158 or email wa@sandlings.co.uk if you would like further information. Visitors £6.00

Tip for February

Now is the season for arranging spring flowers. Most spring flowers, Snowdrops, Daffodils, Hyacinths, Tulips etc. are not happy arranged in floral foam, so now is the time to practice using other forms of support for your flowers. Pin holders, bare twigs, or flower tape firmly attached to the top of your container should give these delicate flowers all the support they need. Keep the water clean and your flowers will last longer than those arranged in floral foam.

PHOTO FIXING

Do you have any broken photos ? If so, contact me at the usual address and I will do what I can to help. Fixable photos include:

- Photos that are too Dark / Light
- Photos that have faded
- Photos that are ripped
- Photos with a colour cast

Nick Claydon



**Affordable and ideal for
SMALL to MEDIUM sized
business'**

Unicorn Designers

www.unicorndesigners.co.uk

Web design

**Logos &
branding**

01394 448812



K & F Women's Institute

Next meeting: 2pm on Thursday 8th February in the Village Hall



Speaker: Mr Pip Wright
Topic: Exploring East Anglia by Bus Pass
Competition: Photo/ postcard of a favourite place in East Anglia

Our last meeting of 2023 was a Christmas party. The committee greeted members with a glass of mulled wine, which really got the conversation going, and then, unusually for Christmas, we had a takeaway fish and chips lunch! After a brief business meeting, we indulged in tea and mince pies to accompany a topical question. There were moans and groans and much laughter about the questions but at last a winner was declared.

To finish the fun and games there was Pass the Parcel with forfeits! Happily, they were not too embarrassing. The final event of the day was to vote on the pretty table decorations which were the subject of this month's competition. We all agreed we had had a wonderful afternoon and were now quite in the Christmas spirit!

To start the New Year our January meeting featured a visit from the charity ActivLives. Julie and Laura gave us a taster session of the sorts of exercises they do with their Better Balance groups. Sitting on our chairs, arms width apart, we practised a few moves and then launched into a routine enjoying some rock and roll music to keep us in time! The concentration in the room was palpable as was the relief when we could rest. Then we did it all again! It was good fun and showed us how easy it is to exercise sitting down and it warmed us up on a cold afternoon. Following the activity there was a short talk about the charity and all the other activities they organise. These include Activ gardens, Activ sport, Activ singing, Activ sheds as well as the exercise classes.

If you would like to spend an afternoon with K & F WI, we meet on the second Thursday each month at 2.00pm in the Village Hall. New members are always welcome.

Our talks this year range from 'Dressing the Tudors' to 'East Coast Truckers' and from 'Martlesham Wilds' to 'The Work of the Dogs Trust', to name just a few. After the talk there is always tea and cakes and time for a chat.

For more information contact chriswelling@rocketmail.com

S Fothergill

Esuubi

hope of a future

A big Thank You from Esuubi

I would like to thank everyone who called by my Ugandan crafts table at Kirton Church's Christmas Bazaar and for your interest in this much-needed project.

Through your generosity on the day we raised £230 on the sale of items and every penny will go directly to Mityana to support and fund the care and education of the children at the orphanage and primary school. As you can imagine, costs have risen sharply in the past year and staple foodstuffs have soared in price. Although the children grow vegetables on site and look after the farmyard animals that provide some of their food there are still items have to be bought in.

On the day several people asked me about supporting Esuubi and I mentioned how we are always keen to hear from anyone who has any ideas. One wonderful way is to sponsor a child. Regular sponsorship has many associated 'plusses' both to the sponsor as well as to the child who, in particular, gets so much from knowing there is someone overseas who is thinking of them and encouraging them through difficult times. Please have a look at www.esuubi.org.uk or contact me on 448647 if you'd like to find out more.

Many thanks again from me as well as from the Esuubi trustees.

Pam Cole



Essex & Suffolk
PEST SOLUTIONS

***Your Local Pest Control experts
for home and business***

Free advice, fast response

Highly accredited (NPTA)

Fully qualified & insured

Discreet - unmarked vehicles

Tel: 01473 328092

info@eandspestsolutions.co.uk

Kirton & Falkenham Review

The Parish Council Supports the Review

Last November the Council agreed to support communication in the villages by contributing to the funding of the Kirton and Falkenham Review.

We tried to ensure that every household in both villages received a copy in December, as usual. Should anyone have missed out, please inform a member of the Review team or a member of the council. This inclusive distribution will now be repeated in May each year so that all the summer events are made known to everyone. This will mean that details must be with the editors by the 15th of April; only ten weeks away. Meanwhile copies will be delivered to subscribers as usual.

Another facility, although a work in progress, is an electronic copy for those who wish to access it. A link is available on both the Villages Information and the Parish Council websites. Just search for **kirton-suffolk.info** or **kirtonandfalkenham.suffolk.cloud** and look for Kirton and Falkenham Review. Rest assured that paper copies of the publication will continue to be available, brought to those who subscribe by the distribution team.

Woodfired Pizza

Saturday Evenings

(Kirton Villages)

Ashley at 52 Meadowlands is cooking woodfired pizza's on Saturday Evenings throughout the spring and summer. If you would like to order, please Text/Call Ashley on 07860696911

You can also find us on Instagram under @woodsmokedreams

Delivery / Collection
Kirton/Falkenham



Menu 12"

Cheesy Garlic bread	£5.00
Margherita	£7.00
Pepperoni	£8.00
Chicken & Pesto	£8.00
Chicken & Chorizo	£8.00
Roasted Pepper & Feta	£8.00
BBQ Pulled Pork	£12.00

 @woodsmokedreams

Falkenham Church News

THE BELLS OF ST ETHELBERTS

Well, here we are in the new year with Christmas well and truly over by the time this goes to print.

It was a busy time for us ringers with all the traditional services to cover and we hope you enjoyed hearing the bells as much as we enjoyed ringing them. Also a time to remember those for whom it was a difficult first Christmas without their loved one.

We will soon have our annual snowdrop event to think about on the 17th February with yummy home made soups and cakes to look forward to on a chilly day, so come along and enjoy.

Our newest ringer is now very much part of the band, competently ringing for Sunday services and being an extremely useful and helpful member of the team. Most importantly, the occasional cake comes our way, courtesy of his lovely wife. Bring it on! We have also been lucky enough to welcome a lapsed ringer back into the fold who is proving to be keen to learn and improve.

This leaves me to say that I now have the time to teach at least a couple more recruits age from about 10 years upwards. No excessive strength needed and open to all faiths or none, so why not come along and see what we do? You will be helped by a qualified teacher (me) if you want to have a go.

Bell ringers are a sociable bunch and meet up for various events over the year which include such things as outings and walks, for example, and pretty much always involve a local watering hole somewhere.

So if you fancy having a go or just a look, contact me on falkenham@suffolkbells.org.uk

Look forward to seeing you!
Lesley Barrell

SNOWDROP DAY - 17 FEBRUARY 2024

It's one of the biggest days in the Falkenham village calendar! Our Snowdrop Day this year is 17 February, between 10am and 2pm. As usual, homemade soup and cake will be plentiful, and it will be a great opportunity to catch up with friends and meet new people. There is no charge, but donations will be invited towards Church maintenance and repairs. We look forward to seeing you then.

Many thanks

Rebecca



NEWSLETTER

Autumn Programme

We enjoyed monthly get togethers at the Recreation Ground Pavilion in the Autumn months with a varied programme of activities including play readings, story telling and music. Thank you to everyone who came along to support us and to those who led the evenings.

There will be a pause for now because rehearsals have begun for our production in April but will back after Easter.

Back in Two

Our production “Back in Two” will take place on 19th and 20th ~~August~~ ^{April}. We will be performing two, one act plays: “ Breaking and Entering” by Mark Davenport and “Museum Pieces by Joan Greening. Both pieces are comedies and we are looking forward to beginning rehearsals (but not to learning our lines)!

Stones in his Pockets

Eastern Angles will be performing “Stones in his Pockets” by Marie Jones at Kirton Church Hall on 16th March at 7.30 pm. Kirton and Falkenham Performing Arts have hosted Eastern Angles for many years and we are one of their favourite venues. We are very grateful that Kirton and Falkenham Parish Council have agreed to support KAFPA again in this venture.

This production is the first for Eastern Angles new director Jake Smith. He writes:

“This [is a] sad, hilarious, and irresistible two hander about the filming of a Hollywood epic in rural Ireland, [and] introduces us to Jake and Charlie, who tell the story by taking on all the other roles within their community and filmset themselves”

Tickets are £15 per person and are available from the Eastern Angles ticket office: 01473 211498. open Monday to Friday, 10.00 am - 2.00 pm or <https://easternangles.co.uk/boxoffice>

It is wonderful to have live theatre in our village, please come and support the show.

We always welcome new members, please contact the chairman Karen Cade 07918635983

QUIZ NIGHT



QUESTION MASTER - PAUL VOLLER

7.30 PM SATURDAY 10TH FEBRUARY

BROADWAY HOUSE, ORWELL ROAD

FELIXSTOWE IP11 7DD

PLOUGHMANS AND HOMEMADE CAKE

BRING YOUR OWN DRINK AND GLASSES

£10 PER PERSON - TEAMS OF SIX

CONTACT 01394 270821 FOR TICKETS

**FREE PARKING IN HIGHFIELD ROAD CAR PARK
AFTER 6.00 PM**



0139 444 8271 or 0798 876 8861



AMC CARE LTD

We Provide Professional Home Care for your loved ones in the comfort of your home

Do you sometimes find yourself unable to juggle the demands of work, family, life and home? We at AMC CARE LTD recognise that and exist to support people like you. Whether it be yourself or a family member who you are unable to provide the care and support for we do that for you.

Our Services

- | | |
|--------------------|---------------------------|
| > Domiciliary Care | > Night Care |
| > Palliative Care | > Social Companionship |
| > Respite Care | > Domestic Cleaning |
| > Personal Care | > Hospital Discharge Care |
| > Live-In Care | > Dementia Care |

Contact us today for more information

☎ 0139 444 8271, 0798 876 8861
✉ info@amccareltd.co.uk
🌐 www.amccareltd.co.uk

📍 51 Paddock Close,
Kirtton, Ipswich,
IP10 0FL



KIRTON & FALKENHAM VILLAGE HALL - AVAILABLE TO HIRE

Available for Private Hire, the hall charges are £35 for 3 hours, £7.50 per extra hour or £55 for all day. Regular user charges on request, The hall capacity is 60 people, Link for the electronic calendar to check events and availability or contact Rosie Walker on 01394 448227 - rosebud@btinternet.com

<http://www.kirtonandfalkenham.suffolk.cloud/village-hall-diary/>

KIRTON CHURCH PHOTOCOPIER

Copies A4: Black 6p, Colour 12p - Reductions for community use
Contact Margaret Condick 01394 448576

CHURCH HALL BOOKINGS

For Church Hall bookings please contact Sue Claydon 01394 448690

RECREATION PAVILION

This is available to hire for private functions, club meetings etc.

Pauls Tree Services

Lazy Acres, Lower Road Falkenham, Suffolk

Tel: 01394 277776 | Mob: 07979 226497

Email: paulstreeservicesltd@hotmail.com

Visit: www.paulstreeservices.co.uk



- All aspects of Tree Surgery & Felling
- Hedge Trimming
- Pruning & Reshaping
- Stump Grinding
- Emergency services available
- Fully insured
- All waste chipped and removed from site
- Free quotes on request
- Professional work at a fair price





THE LANDSCAPE CENTRE



**EXTENSIVE SELECTION
IN STOCK**

01394 448556

www.bmconcrete.co.uk

- Sand, Ballast & Cement •
- Topsoil • Block Paving •
- Balustrades • Ornaments •
- Dumpy Bags •
- Stone • Indian Stone •
- Fence Products •
- Paving Slabs •

**Back Road, Kirton,
Ipswich, IP10 0QQ**

**Funeral
Services**

**East of
England
COOP**



Here for you every hour of every day

213 High Street, Felixstowe **01394 647963**

183 Hamilton Road, Felixstowe **01394 647996**

www.eastofengland.coop/funerals

Disability Advice Service (East Suffolk)

We are a friendly local charity based in Martlesham Heath providing advice and support to adults and children with disabilities, their families and carers and changing the lives of people in crisis across East Suffolk

We offer **FREE** services including:

- ❖ Benefits advice – advice & help completing benefit forms
- ❖ Support for people in crisis – people in need of immediate support
- ❖ Appealing DWP decision – if you aren't satisfied with the award you've received
- ❖ Signposting – if we can't help you, we'll help find someone who can



Contact us, we'd love to help you!

01394 387070 advice@daseastsuffolk.org
www.daseastsuffolk.org

To advertise in this space,
please contact

Paul Negus
01394 448354

DERRICK BROWN

Heating & Plumbing Services

Central Heating - Fire Installations
Boiler Servicing - Power Flushing
Cookers - Landlord Certificates
General Plumbing

01473 436503
07814496250



539440



Windows

Doors

Conservatories

Replacement Sealed units

Fascias, soffits and bargeboards

Cladding

Guttering and Downpipes

General building work

Tel: 01473 635898

Mobile: 07766228552

Email: rcazey@gmail.com

